

Absolute Açai Capsules™

2000 mg per serving – 100 Vegetable Capsules, 500 mg each!

A 25 day supply!

Made with organic freeze dried Acai (*Euterpe oleracea*) - GMO free.

Absolute Açai Capsules™ are made from pure, organic, açai berry extract. Açai berries are considered one of the most nutritionally dense fruits of the Amazon Rainforest and possess the highest ORAC value of all known edible berries. Absolute Açai Capsules™ are a natural source of essential fatty acids, minerals, phytosterols, and potent antioxidant polyphenols and anthocyanins.

Only sustainable and ethical harvesting practices are used by our açai growers. CAOH® supports eco-education and ethical business opportunities involving the natural resources of the Amazon.

Acai Berries, a fruit indigenous to the Brazilian Amazon rainforests, is one of the planet's most remarkable and nutritious fruits. Acai Berries recognized as a "*Super Fruit*" naturally contain Vitamin C and are an excellent source of polyphenols, including rutin, anthocyanins, and catechins. Acai is also naturally rich in ellagic acid. These and other antioxidant compounds protect tissues from free radical attack, a key factor in healthy aging. The nutrients and antioxidants in Acai also help support healthy immune and inflammatory response through their modulatory effects on Nitric Oxide (NO) production. Each of these effects is also important for the support of healthy heart and blood vessels. California Academy of Health® uses only organic freeze dried Acai Berries to ensure that all the nutrients present in fresh Acai are retained! Great for capsules with super charged potency.

FACTS ABOUT THE ACAI BERRY: The açai (ah-sigh-ee) berry (*Euterpe oleracea*) or açai fruit grows on açai palms in the Amazon Rainforest and is similar to a grape in size, shape, and properties. Açai berries are considered one of the most nutritious (antioxidant) fruits of the Amazon Rainforest and the native peoples have been consuming the berries for hundreds, maybe even thousands, of years. The açai berry itself is 88-90% seed and 10%-12% pulp and skin. Açai must be carefully harvested and processed before it can be made into a juice, as it is very sensitive to the effects of the sun after picking. Açai berries offer up a delicious tropical berry flavor and have an exceptional nutritional profile. Açai berries contain high levels of antioxidants (polyphenols), essential fatty acids (healthy fats), amino acids, fiber, minerals (iron and calcium), vitamins (B and E), and a plethora of beneficial phytonutrients like resveratrol and anthocyanins. Açai berries also have one of the highest ORAC values of any known edible berry and 33 times more health promoting anthocyanins than red grapes.

Absolute Acai™ is a potent source of ellagic acid. Ellagic acid is a naturally occurring compound that also has very strong antioxidant, anti-mutagen, and anti-cancer properties.

- Ellagic Acid is a potent anti-carcinogen.
- Ellagic Acid has the ability to inhibit mutations within a cell's DNA.
- Ellagic Acid is considered to be a cancer inhibitor which has the ability to cause apoptosis (deliberate cell death) in cancer cells.
- Ellagic Acid has antibacterial and anti-viral properties.

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Every day the popularity of açai grows. There have been major network news stories on CNN, NBC and CBS. Articles have been written-up in the New York Times, Newsweek and Vogue, reporting the health benefits of açai. Both Nicholas Perricone, M.D., and Oprah Winfrey have touted the berries' healthful qualities on TV and in print.

WHAT BENEFITS MAY I EXPERIENCE FROM ACAI?

- Stronger Immune System
- Improved Digestion and Elimination
- Improved Mental Clarity
- Improved Energy and Endurance
- More Restful Sleep
- Cleansing and Detoxifying of your body

ABSOLUTE ACAI CAPSULES™ INGREDIENTS: Made from organic açai berries (*Euterpe oleracea*). Other ingredients: vegetarian capsule (cellulose, stearic acid, and magnesium stearate [from vegetable sources]).

SUGGESTED USE: As a dietary supplement, take 4-8 capsules per day.

SAFETY INFORMATION: This formula does not contain preservatives, solvents, additives, fillers, yeast, wheat, corn, soy, or milk. Always consult with a healthcare professional before using any nutritional supplement or starting any nutritional program. Do not use this product if you have a known allergy to any of the ingredients contained in this product.

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