



# Goji Berries

## Certified Organic

### (*Lycium barbarum* L.)



Our Goji berries are wild-harvested (hand-picked) when at the peak of ripeness so as to obtain the highest natural levels of all bioactive compounds.

“Goji (*Lycium barbarum* L.) is not just nature’s most nutritionally dense berry; it’s one of our planet’s greatest treasures!” – Dr. E

**INGREDIENTS:** 18 oz. (500 g) bag - Goji Berries (*Lycium barbarum* L.) – Certified Organic, Hand-Picked, and Dried.

#### INDICATIONS:

- Reduces cholesterol and bad fats
- Protects the body from premature aging through its powerful antioxidant action
- Promotes a feeling of well-being
- Improves vision and may prevent macular degeneration
- Promotes normal blood sugar in early adult-onset diabetes
- Enhances sexual function and treats sexual dysfunction
- Improves fertility
- Prevents morning sickness in the first trimester of pregnancy
- Aids in healthy weight loss
- Relieves insomnia and improves the quality of sleep
- Enhances memory and the ability to recall information
- Maintains healthy blood pressure
- Strengthens the heart
- Improves the body’s immune system and resistance to disease
- Makes you feel and look younger. Goji stimulates the secretion of HGH (human growth hormone), the “youth hormone.”
- Supports normal kidney and liver function
- Protects the liver from toxic chemicals
- Alleviates painful menstrual conditions
- Increases endurance and the ability to adapt
- Builds strong blood: enhancing production of red blood cells, white blood cells, and platelets
- May alleviate the feeling of anxiety and stress
- May be helpful with headaches and dizziness

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“My own personal research has revealed that Lycium barbarum (Goji) is being widely used by health-care practitioners worldwide for a variety of body ailments such as psoriasis, diabetes, painful periods, infections, cancer, night blindness, anxiety, depression, impotence, to assist in healthy weight loss, as a youth tonic, and many others. Lycium barbarum is also the subject of ongoing research as a cancer preventative, a cancer treatment, a protectant during chemotherapy and radiation, an immune system stimulant, a potent antioxidant, and as a blood cell stimulator and adaptogen.” – Dr. E

## GENERAL INFORMATION

Goji has been found to be one the most nutritionally dense fruits on the planet! Scientists were amazed to discover that these unique Goji berries contain:

- B-Complex Vitamins
- 19 Essential and Non-Essential Amino Acids
- 21 Minerals including Germanium & Selenium
- More Vitamin C by weight than oranges
- High natural Vitamin E content
- 4 Unique immune enhancing Polysaccharides (LBP1, LBP2, LBP3 & LBP4)
- More Beta-Carotene and Carotenoids than carrots
- Disease fighting chemicals like: Physalin and Beta-Sitosterol

**SUGESSTED USE:** An average serving is about ½ ounce. Goji berries can be eaten as-is or soaked in water for 15 minutes to soften them up.

**SAFTEY INFORMATION:** This product does not contain preservatives, solvents, additives, fillers, yeast, wheat, corn, soy, or milk. Always consult with a health-care professional before using any nutritional supplement or starting any nutritional program. Do not use this product if you have a known allergy to Goji berries (*Lycium barbarum* L.). This product has not been evaluated by the Food and Drug Administration.

## “We also have the world’s best Goji Juice with Camu-Camu Fruit”



Our Goji Juice - Goji Fusion™ is made from organic, hand-harvested, cold-pressed *Lycium barbarum* (Goji). To the pure Goji juice we add our own proprietary blend of Camu-Camu fruit and berry juices. California Academy of Health’s Goji juice is a synergistic juice blend of nature’s most powerful and antioxidant rich fruits.

The Goji berries and Camu-Camu fruit in our juice are wild-harvested (hand-picked) when at the peak of ripeness. They are then cold-pressed and flash-pasteurized to preserve their freshness and the natural levels of all bioactive compounds. Our growers personally pick out the best lots of Goji and Camu-Camu before the rest are taken to market. We pay a little more for our raw product but it’s worth it. This new combination of superior raw ingredients creates a synergy of both flavor and healthful qualities, making our pure Goji juice the hands-down leader in the marketplace today.

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