

Liquid POWER MULTI-V™ It is super charged!!!



Liquid Power Multi-V™ is an amazing-tasting, one-of-a-kind, 100% natural and certified vegetarian, whole-food antioxidant supplement. Liquid Power Multi-V™ possesses the most complete combination of vitamins, minerals, fruits, berries, sea vegetables, green foods, phyto-nutrients, enzymes, amino acids, fatty acids, and herbs available! The best, the most bioavailable nutrition comes from a whole food source: Liquid Power Multi-V™ – It's Ultra Complete Nutrition™.

Whole food sources contain a complete make-up of carbohydrates, proteins, phyto-nutrients, enzymes, and thousands of other complex complementary compounds, which create a “synergy”, that isolates and synthetic nutrients don't have. **Compare and you will see: Liquid Power Multi-V™ has no equal.**

“I think this is one of the most amazing products on the market today. I use it as the base for all of my nutritional programs. I firmly believe in my heart and mind that the majority of body problems experienced today are directly caused by improper diet and that most body conditions will respond favorably when proper nutrition is restored. The use of pharmaceuticals to treat body problems only masks the symptoms and exacerbates the deficiency state of the body. The sad part is that I have found it very difficult to get people to change their eating habits. The good news is that I have found it very easy for them to incorporate great-tasting Liquid Power Multi-V™. In my opinion it is a great insurance policy against the deleterious effects of bad nutritional habits.” Dr. Marcus Ettinger, B.Sc. (human biology), D.C.

FACT: America leads the world in micro-nutrient depleted soil. California Academy of Health (CAOH) looked to the sea for the solution and **Liquid Power Multi-V™** was the answer. The fact is, our nutrient depleted soil is common knowledge and has been widely documented and published for more than 80 years. During this time, articles and books have been written exposing the relationship between poor soil health and nutrient deficiencies and disease. This is not a fringe subject. It has been addressed by some of the world's most notable doctors and pioneers in medicine, such as Dr. Royal Lee, Dr. Bernard Jensen, Dr. Francis Pottinger, Dr. Weston Price, Dr. William Albrecht, and Dr. Rene Quinton. These are but a few.

In 1936 the US government, in US Senate Document 264 from the 74th Congress stated: *“Do you know that most of us today are suffering from certain dangerous diet deficiencies which **cannot be remedied until the depleted soils from which our foods come are brought into proper mineral balance?** The alarming fact is that foods, fruits and vegetables, and grains now being raised on millions of acres of land that no longer contain enough of certain needed minerals, are starving us – no matter how much of them we eat!”* This government document was created 70 years ago. The U.S. government knew as far back as 1936 that our soil, thus our food supply, was deficient in life-sustaining and health-promoting minerals. Has this situation improved since then? No, it is far, far worse!

Our mineral deficient food supply is so bad that the largest anti-supplement, anti-health food, and anti-alternative medicine group, The American Medical Association, published two articles in their June 2002 issue of the *Journal of the American Medical Association*, reversing a long-standing anti-vitamin policy. Robert H. Fletcher, MD, MSc, and Kathleen M. Fairfield, MD, DPhil, of Harvard Medical School and the Harvard School of Public Health, concluded in their article, *“A large proportion of the general population has less-than-optimal intakes of a number of vitamins, exposing them to increased disease risk.”* In addition, they counsel that, *“it appears prudent for all adults to take vitamin supplements.”*

The average American eats a diet high in white sugar, white bread, white rice, sodas, and “fast food”. Our foods are saturated with artificial dyes, flavorings, herbicides, pesticides, saturated fats, trans-fats, processed sugar, and excito-toxins like MSG and Nutra-Sweet®. Our foods are aided by growth hormones, antibiotics, or genetic engineering. Our foods are microwaved, heat pasteurized, reconstituted, and fortified. You are what you eat. Think about that for a moment.

The two quotes below gave us the inspiration for **Liquid Power Multi-V™**. We cannot guarantee that our soil will deliver us nutritious food so we must look for an insurance policy – **Liquid Power Multi-V™**.

1. “In order for man to continue to live on earth, he must make some fundamental changes. He must look to the oceans of the world as a source of needed elements. These elements must be returned to the soil so that better quality and more healthful foods can be produced. Man must stop the destruction of the soil.” (Maynard Murray, M.D. [1910-1983])
2. “When we think of health, we usually don't think of dirt. But dirt, or soil, is the primary factor in maintaining our nutritional health because all our food comes from the earth. Since our bodies are literally composed of the 'dust of the earth,' meaning minerals, healthy bodies are connected to healthy soil. If any element is missing from the soil, then it will be missing from the foods we eat and as a result, we will not be properly nourished. **Unfortunately, our commercial methods of agriculture are not only depleting the soil of precious trace minerals, they are also destroying the ability of plants to be able to utilize those**

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elements. Hence, our food is nutritionally deficient right from the start. To make matters worse, our food gets refined and more of its nutritional content is removed in the process. While there are still those diehards in the medical community who preach the old dogma that supplements aren't necessary if you eat a 'balanced diet,' it is nonetheless a fact that animal feeds ALL contain nutritional supplements. Agricultural experts recognize that farmers must supplement animal feeds. They know that grain and other foodstuffs do not contain enough nutrients to maintain healthy livestock without adding supplements. **If animals can't stay healthy eating our modern crops, how can human beings?™** Dr. Bernard Jensen (From *Empty Harvest* 1990)

Supplement Facts# - 32 oz Bottle Calories: 48, Total Fat: <1 g <1%, Cholesterol: 0 mg, Total Carbohydrates: 9 g 1%, Dietary Fiber: 2 g 8%, Sugars: 4 g **, Sodium: 23 mg <1%, Protein: 3 g 6%, Vitamin A: (Retinyl Palmitate) 5,000 IU 100%, Vitamin B1: (Thiamine) 1.5 mg 100%, Vitamin B2: (Riboflavin) 1.7 mg 100%, Vitamin B3: (Niacinamide) 20 mg 100%, Vitamin B5: (D-Calcium Pantothenate) 10 mg 100%, Vitamin B6: (Pyridoxine Hcl) 2 mg 100%, Vitamin B12: (Methylcobalamin) 10 mcg 166%, Folic Acid: 400 mcg 100%, Biotin: 300 mcg 100%, Choline: (Bitartrate) 15 mg **, Vitamin C: (from Pure Way-C® [USP] proprietary formation of ascorbic acid combined with lipid metabolites [fatty acids] from vegetable waxes): 120 mg 200%, Vitamin D: (cholecalciferol) 400 IU 100%, Vitamin E: (D-Alpha Tocopherol) 30 IU 100%, Calcium: (from Plant Source) 32 mg 3%, Magnesium: (from Plant Source) 5 mg 1%, Manganese: (from Plant Source) 1 mg 50%, Zinc: (Zinc Gluconate) 1 mg 7%, Chromium Polynicotinate: 60 mcg **, Tomato Extract Nutrient Blend: Lyc-O-Mato® and Tamat-O-Red® (Lycopene, Phytoene, Phytoflavene, Beta-Carotene & Tocopherols) 10 mg **, Aztec Marigold: (Tagetes erecta L.)(Flower) (containing 10% Lutein & 1.2% Zeaxanthin) 10 mg **, Bioflavonoids: (Citrus) 100 mg **, Borage Oil: (source of gamma linolenic, linoleic, oleic, stearic, and palmitic fatty acids) 25 mg **.

Power Sea Nutrient Complex: 292 mg Cultivated Sea Vegetation Blend: (Alaria valida, Costaria, costata, Fucus gardneri, Gigartina, Laminaria digitata, Nereocystis luetkeana, Rhodymenia pertusa, Ulva linza and Ulva lactuca), Whole Chlorella pyrenoidosa, and phytoplankton.

Ultra Phyto-Mineral Complex: 63 Organic Trace Minerals derived from Sea Vegetation.

Power Phyto-Nutrient Complex: 350mg Aloe Vera Juice (ActivAloe®), Lithothamnion Calcareum, Fruits & Greens extracts of: (Banana, kiwi, mango, pineapple, cranberry, cherry, raspberry, red pepper, plum, apricot, ginger, broccoli, spinach, kale, cabbage, orange, grapefruit, lemon, lime, green tea), Bee Pollen (apismellifera), Xanomax® Mangosteen 6:1 extract (garcinia mangostana) Noni 4:1 Extract (morinda citrifolia) (fruit), Pomegranate 4:1 Extract (punica granatum), Pau d'arco (tabebuia impetiginosa), Spirulina (arthropsira platensis), Wheatgrass (triticum vulgare)(leaf), Olive Leaf Extract (olea europaea) (15% oleuropein), Irish Moss (chondrus crispus) (whole plant), Blue Green Algae (aphanizomenon flos-aquae), Horsetail Extract (equisetum arvense) (7% Silica) (aerial stems).

Vegan Power Berry Complex: 30mg Proprietary Blend* Wild Blueberry Vaccinium Angustifolium (fruit) Extract, Strawberry Fragaria chiloensis (fruit) Powder, Cranberry Vaccinium macrocarpon (fruit) Powder, Wild Bilberry Vaccinium myrtillus (fruit) Extract, Elderberry Sambucus nigra (fruit) Extract and Raspberry Rubus idaeus (seed) Powder providing the anthocyanins, malvidin, cyanidin, delphinidin, and petunidin in biologically active ratios.

Power Digestive System Complex: 2600mg Digestion Resistant Maltodextrin, NutraFlora® ScFOS Prebiotic Blend, Bromelain Amylase (starch liquifying & digesting), Protease (protein solubilizing), Lipase (fat splitting), Cellulase (digestion of cellulosic material), Lactase (milk & dairy digesting), Apple Pectin (malus domestica) (fruit), Parsley (petroselinum crispum) (aerial parts), Cinnamon (cinnamomum zeylanicum) (bark), Fenugreek (trigonella foenum-graecum) (seed).

Power Anti-Aging Complex: 315mg MSM (Methyl-sulfonylmethane) 99.9%, TMG (as betaine anhydrous), GreenGrown® Glucosamine Hcl USP, Grape Seed Extract (vitis vinifera) (95% polyphenols), Rhodiola Rosea (3% rosavins / 1% salidroside), Hyaluronic acid.

Vegan Power Amino Acid Complex: 40 mg Alanine, Arginine, Aspartic Acid, Cystine, Glutamic Acid, Glycine, Histidine, Isoleucine, Leucine, Lysine, Methionine, Phenylalanine, Proline, Serine, Threonine, Tyrosine, Valine.

Power V Cardio-Vascular Support Complex: 380mg Horsechestnut extract (20% Aescin), Hawthorn Berry, Co-Q10, Acai Berry 5:1 Extract, Goji Berry 4:1 Extract, Suma Root, Alfalfa 5:1 Extract, Odorless Garlic, Eleuthero Root, Korean Red Ginseng, Ginkgo Biloba Leaf Extract (24% Flavonoids and 6% Terpenes), Alpha Lipoic Acid, Burdock Root, Bladderwrack and Milk Thistle (Silymarin).

Liver Cleanse & Detox: Goji berry (lycium barbarum) extract, Suma (puffia paniculata), Alfalfa Extract (medicago sativa), Rose Hips (rosa canina), Alpha Lipoic Acid, Sarsaparilla Root (smilax officinalis), Burdock Root (arctium minus), Milk Thistle Extract (silybum marianum) (80% silymarin).

Other Ingredients: Purified Water, Vegetable Glycerin USP, Agave Nectar (from Agave Cactus), Blueberry Juice, Elderberry Juice, Natural Flavoring, Citric Acid, Potassium Benzoate (to preserve freshness), Potassium Sorbate (to preserve freshness). Contains no artificial colors, flavors, starch, salt, wheat, yeast, milk, or soy.

Suggested Usage: 32 day supply - 1 cap full (1oz) daily.

Other Info: All herbs are wild crafted or organically grown when possible. Extracts used in this formula are free from solvents, additives or fillers.

Safety Info: Do not use this product if you have a known allergy to any of the above ingredients. Always consult with a healthcare professional before using and nutritional supplement or starting any dietary program.

(% D.V.): Percent Daily Values based on 2000 Calorie diet. ** Percent Daily Value not established. # These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.